

ROUTES & TRAILS

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Type	#	Route	Distance	Difficulty	Est. Time	View Source
Walking	1	Barlaston Loop	4 km	Easy	1 hr	View Source
Walking	2	Barlaston Downs	3-8 km	Easy-Mod.	1-2.5 hrs	View Source
Walking	3	Canal to Stone Loop	11 km	Moderate	2.5-3 hrs	View Source
Walking	4	Cannock Chase	3-13 km	Varied	1-4 hrs	View Source
Walking	5	The Roaches Circular	11 km	Moderate	3-4 hrs	View Source
Walking	6	Rudyard Lake Circular	5.3 mi	Easy	2-2.5 hrs	View Source
MTB	1	Cannock Chase MTB	10-25 km	Varied	1.5-4 hrs	View Source
MTB	2	Barlaston Downs	8-18 km	Moderate	1.5-3 hrs	View Source
MTB	3	Hanchurch Woods	15 mi	Moderate	2-3 hrs	View Source
MTB	4	Carsington Water	12.5 km	Easy	1.5-2 hrs	View Source
Road	1	Stone Loop	15 mi	Easy-Mod.	1-1.5 hrs	View Source
Road	2	Eccleshall Circuit	25 mi	Moderate	1.5-2.5 hrs	View Source
Road	3	Staffordshire Loop	35 mi	Challenging	2.5-3.5 hrs	View Source
Road	4	Chasewater Loop	45 mi	Challenging	3-4 hrs	View Source
Road	5	The Potteries Circuit	60 mi	Challenging	4-5 hrs	View Source
Long Road	A	Welsh Borders Challenge	70 mi	Challenging	5-6 hrs	View Source
Long Road	B	Cheshire Countryside	50 mi	Mod.-Chal.	3.5-4.5 hrs	View Source
Long Road	C	Peak District & Derbyshire	75 mi	Challenging	5-6 hrs	View Source
Long Road	D	Warwickshire Country Roads	65 mi	Mod.-Chal.	4-5 hrs	View Source